



# HERBS THAT REPEL INSECTS

**Remember, you must occasionally bruise or rub the leaves to release the fragrance that repel the insects:**

| COMMON NAME      | BOTANICAL NAME             | PESTS REPELLED     |
|------------------|----------------------------|--------------------|
| Holy Basil       | Ocimum sanctum             | flies & mosquitoes |
| Catnip           | Nepeta cataria             | flies & ants       |
| Lavender         | Lavandula                  | mosquitoes & gnats |
| Lemon Balm       | Melissa officinalis        | mosquitoes & gnats |
| Lemon Thyme      | Thymus x citriodorus       | mosquitoes & gnats |
| Mexican Marigold | Tagetes minuta             | mosquitoes & gnats |
| Mugwort          | Artemisia vulgaris         | moths              |
| Pennyroyal mint  | Mentha pulegium            | fleas & ticks      |
| Santolina        | Santolina chamaecyparissus | all insects        |
| Scented Geranium | Pelargonium (Lemon Rose)   | mosquitoes & gnats |
| Southernwood     | Artemisia abrotanum        | moths              |
| Tansy            | Tanacetum vulgare          | ants               |

- To keep pests away from you in the garden, consider putting a few sprigs of any of these herbs in your hat or pinned to your sleeve.
- Because some people have very sensitive skin, especially when the weather is warm, it is never a good idea to rub leaves directly on your skin. Likewise for your pets; never rub pennyroyal directly on their skin. A collar stuffed with the leaves is very effective at repelling those biting fleas.
- Plant several plants in the corners of your garden and rub them everyday.

