



FERTILIZING WITH WORM CASTINGS

Vegetables and Annual Flowers

Line bottom and sides of plant holes and seed furrows with 1-2" of worm castings. Set seed/plant in place and cover with soil. Side dress during growing season at a rate of ½ cup per plant or 1 cup per linear foot of row, once every 2 months.

Potted plants, seeds, seed flats – New

Use 1 part worm castings to 3 parts of potting soil mix.

Perennials

Work ½ cup worm castings into the soil above the root zone, taking care not to damage the shallow roots. Apply in spring, early summer, and fall.

Potted plants, window boxes, or hanging baskets – Established

Add ½" worm castings to top of soil. Mix in, taking care not to damage shallow roots. Water well, repeat every 2-3 months.

Roses, trees, shrubs, and berries – New or freshly transplanted

Mix 1 part worm castings to three parts soil. Surround newly dug holes with mixture. Spread roots over mound of the mix in the hole and center.

Roses – Established

Mix 4 cups into the soil 2-3" below the surface of each plant. Repeat every 2-4 months.

Lawns – New

Apply 10 pounds of worm castings to 100 square feet of lawn. Work lightly into the topsoil. Mix in grass seed, cover with shredded straw and keep it watered.

Lawns – Established

Distribute as a top dress at 4 pounds per 100 square feet.

Casting "Tea"

Soak 1 part worm castings in 3 parts water for 24 hours or more. Mix several times. Water as usual with casting tea. Casting tea is excellent for fruiting, flowering or difficult to access potted plants. Do not drink casting tea.

Compost Piles

Spread thin layer of worm castings between each new layer of material to be composted. This will hasten the composting process.

Note: Worm castings will not burn plants, but remember: a little goes a long way.

